



Most Needed Items

Canned Proteins (canned meats, peanut butter, beans)

Canned Vegetables (green beans, peas, carrots)

Canned Fruits (peaches, applesauce, mixed fruit)

Pasta and Pasta sauces

Canned Soups (chicken noodle, tomato)

Dried goods (rice, beans)

Paper Goods (paper towels, toilet paper)

Cereal (bagged, boxed)

Diapers

Personal Hygiene Items

(deodorant, shampoo, feminine hygiene)