

High Plains Food Bank

January 2023 CACFP Afterschool

	Monday	Tuesday	Wednesday	Thursday	Friday
Week -5	Cream Of Chicken Soup Corn Chips Celery Sticks Apple Sauce Milk	Beef Stir Fry Baby Carrots Pineapple Milk	Chicken Legs Rice Corn Tropical Fruit Milk	Beef Stew Corn Bread Side Salad Pears Milk	Salad Shaker Cup Cherry Tomatoes Mandarins Milk
Weeks 2 -4	<i>Last Day of Winter Break</i>	Chicken Quinoa Cucumber Slices Pineapple Milk	Bean Tostadas Lettuce & Tomato Tropical Fruit Milk	Chicken Nachos Pico Sauce Orange Slices Milk	Ground Beef Mac & Cheese Garlic Bread Salad w Grape Tomato Mandarins Milk
Week 3	Chicken Oodles of Noodles Side Salad Oranges Milk	Shepherd Pie Orange Slices WG Rice Milk	Honey Lime Chicken Stir Fry Stir Fry Veggies Rice Pears Milk	Taco Boat Lettuce & Tomato Pears Milk	Chicken A La King Baked Carrots Tropical Fruit Milk





Meals are subject to change without notice.

Holidays:
Half Days:



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
Child and Adult Care Food Program



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