

High Plains Food Bank

May 2023 CACFP Afterschool Menu

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------|---|--|---|--|--|
| Week 1-4 | 2oz Chicken Fajitas 1oz Pico Salsa 2oz fajita vegetables 2oz of lettuce Tropical Fruit | 2oz Turkey 1oz cheese sandwich MW packet Side salad ranch RF Chips Pineapple | Tomato Chicken WG Noodles Steamed Green Beans Apples | Beef & Bean Tostadas Fiesta Corn Tropical Fruit | Beef Hot Dogs RF Chips Orange Baby Carrots Ranch |
| Weeks 2 | Spaghetti & meatballs Steamed baby carrots WG Toast Pears | Tomato Chicken WG Noodles Steamed Green Beans Apples | Salisbury steak brown gravy Steamed Peas Brpwn Rice Mandarins | Beef Hot Dogs RF Chips Orange Baby Carrots Ranch | Chicken Thighs Cob Corn WW Roll Tropical Fruit |
| Week 3 | Cheeseburger Side Salad RF Chips Grapes 1 mustard | Chicken Thighs Cob Corn butter WW Roll Tropical Fruit | 2oz Chicken Fajitas 1oz Pico Salsa 2oz fajita vegetables 2oz of lettuce Tropical Fruit | Salisbury steak brown gravy Steamed Peas Brown Rice Mandarins | Spaghetti & meatballs Steamed baby carrots WG Toast Pears |



KIDS CAFE
PROGRAM



Meals are subject to change without notice.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Food and Nutrition Division
Child and Adult Care Food Program