


March 2025 | High Plains Food Bank



Announcements:

Spring Break 10-14



Monday	Tuesday	Wednesday	Thursday	Friday
3 B: Muffin Fruit Milk L: Chicken Bowl Pico Corn Lima Beans Fruit SN: Granola Bar Fruit	4 B: Cereal Fruit Milk L: Taco Cherry Tom Salad Fruit Milk SN: Graham Crackers Fruit	5 B: Cereal Bar Fruit Milk L: Salisbury Steak Gravy Green Beans Fruit Milk SN: Goldfish Fruit	6 B: Muffin Fruit Milk L: Spaghetti Peas & Carrots Fruit Milk SN: Chex Mix Fruit	7 B: Cereal Fruit Mix L: Cheeseburger Cucumbers Ranch Fruit Milk SN: Cheez itz Fruit
10 B: Cereal Fruit Milk L: Sandwich Celery ranch Apple Milk SN: Granola Bar Fruit	11 B: Cereal Fruit Milk L: Pizza Broccoli ranch Orange Milk SN: Pretzel Fruit	12 B: Cereal Fruit Milk L: Cheeseburger Cucumber Ranch Fruit milk SN: Crackers Fruit	13 B: muffin fruit milk L: Meatball Sub Carrots ranch fruit milk SN: granola bar fruit	14 B: cereal fruit milk L: Tacos Salad Fruit milk SN: Fruit Muffin
17 B: Muffin Fruit Milk L: Pizza Celery Ranch Fruit Milk SN: Granola Bar Fruit	18 B: Cereal Fruit Milk L: Spaghetti Peas & Carrots Fruit Milk SN: Chex Mix Fruit	19 B: Cereal Fruit Mix L: Cheeseburger Cucumbers Ranch Fruit Milk SN: Cheez itz Fruit	20 B: Cereal Fruit Milk L: Taco Cherry Tom Salad Fruit Milk SN: Graham Crackers Fruit	21 B: Yogurt Fruit Milk Bagel L: Chicken Nuggets Broccoli Fruit Milk SN: Goldfish Fruit
24 B: Muffin Fruit Milk L: Beef Enchilada Casserole Salad Fruit Milk SN: Granola Bar Fruit	25 B: Cereal Fruit Milk L: Chicken Leg Corn Fruit Milk SN: Graham Crackers Fruit	26 B: Cereal Bar Fruit Milk L: Chicken Nuggets Broccoli Ranch Fruit milk SN: Goldfish Fruit	27 B: Muffin Fruit Milk L: Steak Fingers Mixed Veggies Fruit Milk SN: Chex Mix Fruit	28 B: Cereal Fruit Milk L: Sandwich Carrots Ranch Fruit Milk SN: Crackers Fruit
31 B: Muffin Fruit Milk L: Chicken Bowl Lima Beans Fruit Milk SN: Granola Bar Fruit				

Asparagus

Season in Texas: March - April

Did you know?

It takes three years to pick fully-grown asparagus from the time you plant the seed



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Food and Nutrition Division
www.SquareMeals.org

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 National School Lunch Program