

September 2025

High Plains Food Bank Lunch & Supper

Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED FOR LABOR DAY	2 Turkey sandwich WW Bread Variety of Steamed Beans Fruit Mix	3 Chicken Sandwich Tater Tots Fruit	4 Beef bean cheese burrito Brown rice Salsa Fruit	5 Beef Burger WW Bun Beans Celery Tropical fruit
8 Chicken Salad WG Crackers Grape Tomatoes Mandarins	9 Beef Taco Salad Corn Chips Cream Corn Fruit Mix	10 Chicken Stir Fry Orange Glaze Carrots Brown Rice Fruit	11 Bean Tostada on Corn Tortilla Pico De Gallo Pears Cookie	12 BBQ Chicken Baked Beans Pineapple TidBits WW Roll
15 Sesame Chicken Noodles Chinese Style Veggies Mandarins	16 Beef & Bean Chili Roll Coleslaw/Cream Corn Oranges (cut for daycare)	17 Chicken Salad WG Crackers Grape Tomatoes Mandarins	18 Beef Taco Salad Corn Chips Cream Corn Banana	19 Chicken Stir Fry Orange Glaze Carrots Brown Rice Fruit
22 Bean Tostada on Corn Tortilla Pico De Gallo Pears	23 BBQ Chicken Baked Beans Pineapple TidBits WW Roll	24 Beef Taco Salad Corn Chips Cream Corn Banana	25 Sesame Chicken Noodles Chinese Style Veggies Mandarins	26 Tuscan Grilled Cheese Sandwich Pasta Veggie Salad Pears
29 BBQ Chicken Baked Beans Pineapple TidBits WW Roll	30 Bean Tostada on Corn Tortilla Pico De Gallo Pears			



Announcements

Steamed Veggies for toddlers instead of Salads
BBQ Sauce for Daycare
Ketchup and Mustard for Burgers
Mayo and Mustard for Sandwiches when available



Milk: Must be Served with Breakfast, Lunch, and Supper

* Whole, unflavored milk for children 1-2 years old, 1% or nonfat unflavored milk for children 2-5 years old must be served at breakfast, lunch and supper



www.SquareMeals.org

TEXAS DEPARTMENT OF AGRICULTURE
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